

SUMMER HOLIDAY CHECKLIST

The items listed below are suggestions specifically for a Summer holiday and *in addition* to general items you may need to pack that can be found in the **What to Pack** checklist.

The lists below are intended as a general **guide only** but actual items should be packed according to specific needs, mode of travel, destination, climate, etc. Check on the luggage weight allowances for your airline as they do vary and hefty charges can be incurred if you go over the maximum per bag.

Note: Please also be aware that most airlines will not allow you to go over the weight allowance per bag/suitcase because you have packed for two people in one case! You could be subject to additional charges.

Please consult your GP or health centre regarding your medications, required immunizations, etc.

See separate travel categories/links for: **Backpacking Checklist, Camping Checklist, Winter Holiday Checklist, Motoring Holiday Checklist.**

IMPORTANT: Remember to check your airline's current policies, especially relating to carry-on luggage, as their allowances may change.

HAND/CARRY ON LUGGAGE:

Reminder: Sharp items such as scissors and tweezers are not permitted in carry-on luggage.

(Put a tick next to items that apply and check off as you pack them)

Take Packed

- | | | |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Luggage locks and name/address tags (note: do not lock checked luggage) |
| <input type="checkbox"/> | <input type="checkbox"/> | Travel insurance documents (cancellation, curtailment, medical, vehicle rescue, etc.) |
| <input type="checkbox"/> | <input type="checkbox"/> | Travel documents: (airline, train, ferry, itinerary, car rental, hotel reservation, immunization certificates, European Health Insurance card, event tickets, etc.) |
| <input type="checkbox"/> | <input type="checkbox"/> | Identification documents (passport, visas, driver's license, international driving license, etc.) |
| <input type="checkbox"/> | <input type="checkbox"/> | Birth/marriage certificates (only if necessary) |
| <input type="checkbox"/> | <input type="checkbox"/> | Photocopies of important documents (in case of loss of originals – also leave a copy at home) |
| <input type="checkbox"/> | <input type="checkbox"/> | Emergency information/contact numbers including your bank(s) and GP. (Leave this list and a copy of your travel itinerary at home with family/friends). |
| <input type="checkbox"/> | <input type="checkbox"/> | Prescription medications |
| <input type="checkbox"/> | <input type="checkbox"/> | Other medications, as needed: Aspirin, allergy, motion sickness, pain killers, etc |
| <input type="checkbox"/> | <input type="checkbox"/> | Money (foreign currency, credit cards, ATM card, cash, traveller's cheques, phone cards, etc. (Money belt/waist pouch) |
| <input type="checkbox"/> | <input type="checkbox"/> | Travel First Aid kit |
| <input type="checkbox"/> | <input type="checkbox"/> | Jewellery |
| <input type="checkbox"/> | <input type="checkbox"/> | Camera/film, video camera/tapes |

- Prescription eyeglasses
- Contact lenses, case, drops, small solution bottle
- Sunglasses/visor
- Small size sunscreen
- Hairbrush/comb
- Cosmetics
- Address book
- Mobile phone (with 'ICE' – contact 'in case of emergency' - programmed in. Also check country/area is covered by your provider)
- Laptop (modem plugs/equipment)
- CD/radio/tape player, computer games, etc.
- Reading materials
- Small flashlight
- Tissues/wet wipes
- Earplugs
- Bottled water
- Snacks
- Hand lotion/moisturiser
- Travel cushion/neck pillow/socks/slippers/eye mask
- Travel size sewing kit
- Travel toothbrush & toothpaste
- Travel rain protection/umbrella
- _____
- _____
- _____

CHECKED LUGGAGE:

- Extra pair prescription glasses/contact lenses.
- Spare batteries
- Travel adapter
- Travel alarm clock
- Calculator
- Travel iron or steamer
- Mini sewing kit
- Military style pocket knife with corkscrew, bottle opener etc. combo.
- Mobile phone charger
- Binoculars
- Laptop battery charger and equipment
- Sink stopper
- Travel kettle
- Folding scissors
- Laundry soap packets and laundry bag
- Small sandwich-type bags and several plastic carrier bags (wet clothes, shoes, etc.)
- Guide books, phrase books, maps
- Stationery/travel journal/pens
- Small roll of sticky tape (for mending, sealing bottles, lint removal)
- Beach towel

Clothing & Accessories

- Lightweight acket/windbreaker
- Trousers
- Shirts/blouses
- Tee shirts
- Evening skirts/dresses
- Evening dress/outfit
- Casual skirts/dresses
- Underwear, bras, pantyhose
- Swimsuit/shorts/spa clothes
- Beach cover up/sarong
- Beach shoes/sandals
- Walking shoes
- Underwear, socks
- Shirts, dress shirts, ties, cummerbund, cuff links
- Jeans, belt/braces
- Handbag/evening bag
- Shoes: evening/dress shoes, walking shoes, shoe-care kit
- Pyjamas, nightgown, dressing gown, slippers
- _____
- _____
- _____

Personal & Hygiene Items

- Extra prescription medications/copies of prescriptions
- Soap/body wash
- Shampoo & conditioner (Note: liquids secured with lids taped and in plastic bags)
- Moisturizer
- Lip balm
- Perfume
- Mirror
- Contraceptives
- Feminine hygiene items
- Hairdryer
- Talcum powder
- Deodorant
- Comb, brush
- Toothbrush, toothpaste, mouthwash, dental floss
- Shower cap
- Mirror
- Contraceptives
- Feminine hygiene items
- Hairdryer and styling equipment (if needed)
- Sun screen
- After sun lotion
- Cotton buds
- Shaving cream, aftershave, razors, nail clippers, nail scissors, tweezers
- Towel/washcloth
- Spare contact lenses, solutions and equipment
- _____

- _____
- _____

Suggested medications to be packed (as a guide only)

- Aspirin/pain reliever of choice
- Cold/allergy/sinus medication
- Antacids
- Diarrhoea medication
- Laxatives
- Insect repellent
- Bite/sting medication
- Antibiotic ointment
- Alcohol/sterile wipes
- Sunburn relief
- Malaria pills (if necessary)
- Motion sickness medication
- Water purification tablets/system
- Vitamins
- _____
- _____
- _____

Items for babies or children:

- Nappies, wipes, ointments, powder, lotion
- Baby milk, food, bottles, bottled water
- Car seat, stroller, baby carrier
- Medications, thermometer
- Snacks, small disposable cups
- Blanket
- Favourite toys
- Change of clothing
- Sunscreen
- _____
- _____
- _____